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Esta guía de práctica clínica fue elaborada con la participación de las instituciones que conforman el Sistema Nacional de ... Feb 27, 2024 · Os hablamos de 21 ejercicios cardiovasculares para maximizar tus resultados y descifrar ... Introducción. El ejercicio físico es uno de los pilares de la Rehabilitación Cardíaca. Es una actividad física planificada, ... Díaz E. et.al. Guía de ejercicio físico para pacientes con cardiopatía isquémica. Unidad multidisciplinar rehabilitación ... La presente GPC también se basa en GPC de la ESC previas para la investigación, la evaluación del riesgo y el tratamiento ...

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