

# Cinnamon Bun Recipe Roll

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**Cinnamon Health Benefits, Nutrition Facts, Side Effects - Dr. Axe**

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[Cinnamon: 7 Benefits, Uses, Side Effects, and More - Health](#)

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**Cinnamon - Wikipedia**

**Cinnamon | Plant, Spice, History, & Uses | Britannica**

*Cinnamon: Health benefits and nutrition - Medical News Today*

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